

PRESS RELEASE

P.O. Box 860358 Plano, Texas 75086-0358
972-941-7000 www.plano.gov



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Dana Conklin
Director of Public Information

Ph. (972) 679-0656 cell

Plano Recognizes Texas Health Presbyterian Hospital Plano as First Plano Partner Sponsor

The Plano City Council approved a sponsorship agreement with Texas Health Presbyterian Hospital Plano at tonight's City Council meeting. The five-year, \$1,000,000 agreement is part of the Plano Partners program.

As the first Plano Partner, Texas Health Plano will be recognized Tuesday morning at a photo opportunity scheduled for 11:10am at the Tom Muehlenbeck Center, 5801 West Parker Rd. Mayor Phil Dyer will greet Texas Health Plano President Dr. Jeffrey Canose, FACHE, inside one of the facilities included in this sponsorship agreement.

"We are very grateful to Texas Health Plano for this partnership which will benefit our community," said Mayor Dyer.

Having a great interest in community health, Texas Health Plano will be recognized at four Plano recreation centers and will make health information available to the public at those centers. Texas Health Plano will also offer periodic health screenings at these locations as a way to assist in encouraging and monitoring the general health of our community.

"At Texas Health Plano we take very seriously our mission to improve the health of the communities we serve and one way we do that is by getting out into the community to provide

Phil Dyer
Mayor

Pat Miner
Mayor Pro Tem

Lissa Smith
Deputy Mayor Pro Tem

Ben Harris
Place 2

André Davidson
Place 3

Jim Duggan
Place 5

Patrick Gallagher
Place 7

Lee Dunlap
Place 8

Bruce D. Glasscock
City Manager

wellness information and services through our Faith Community Nursing programs and other initiatives like this one with the City of Plano,” Canose said.

An estimated 15.7 percent of Collin County residents are obese, according to the Texas Cardiovascular Health & Wellness Program of the Texas Department of State Health Services. The American Heart Association recommends that individuals get at least 150 minutes of moderate exercise or 75 minutes of vigorous exercise each week, though that can be broken into as little as 10 minutes at a time.

The Plano Partners program, which was initiated in 2011, is designed to generate alternative revenues through mutually beneficial partnerships with private sector companies allowing the City to minimize reductions and tax/fee increases in a way that is sensitive to community values.

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