

Green Your Halloween

Halloween is another opportunity to "Go Green" and make eco-friendly, earth-friendly and healthier choices with the types of costumes we wear, the types of foods we serve and the way we celebrate.

When the little ghosts and goblins in your family go trick-or-treating this Halloween, make sure they carry [reusable bags](#) or containers not needing to be discarded after they are used.

Cloth or canvas shopping bags make terrific eco-friendly alternatives to paper or plastic bags. Instead of buying a Halloween costume you or your children will wear once and throw away, make your costumes from old clothes and other items you already have around the house.

You can also get inexpensive Halloween costume materials from thrift stores or yard sales. Your children may have fun trading Halloween costumes with their friends to get something new and different to wear. For good ideas to make Green Halloween costumes, go to **Squidoo.com/green-halloween**.

There is a growing variety of eco-friendly candy—from organic chocolate to organic lollipops—available online, and from local organic groceries and health food stores. These organic candies can satisfy your sweet tooth without compromising your health. They are produced using methods that don't damage the environment.

Another option is to avoid candy altogether and to give Halloween trick-or-treaters useful treats, such as colorful pencils, small boxes of crayons, erasers in fun shapes or other inexpensive items you can find at your local dollar store.