

Caremark Began as Prescription Provider in January

Effective Jan. 1, 2007, Caremark became our prescription drug vendor. New ID cards were mailed to homes in early January.

You can continue to obtain a 30-day supply of medication at a local participating pharmacy or a 90-day supply through the Caremark mail order service. Copay levels remain the same as 2006:



Claritin OTC and Prilosec OTC are covered at the generic copay when purchased at a participating pharmacy with a valid prescription. Although these medications do not require a prescription, your physician can write you one in order that you may obtain the medication at a lower cost.

If you elect a brand name drug when there is a generic, you must pay the copay in addition to the cost difference between the brand name and generic.

30-day supply at a participant local pharmacy:

- \$8 for generic
- \$35 for brand product on the preferred drug list
- \$50 for brand product on non-preferred drug list

90-day supply through mail-order:

- \$16 for generic
- \$70 for brand product on the preferred drug list
- \$100 for brand product on non-preferred drug list

Important reminders:

- \$100 family deductible under UHC 1 plan.

Caremark toll-free number: (800) 552-8159;

www.caremark.com

Did you know?

Target and Wal-Mart now offer a \$4 copay on certain generic drugs. Check with your local Target or Wal-Mart to determine if any of your generic medications qualify for the lower copay.

Fun Things to Do With Plano Seniors

Like to bowl, then the “Swinging Seniors” is just up your alley. They meet every Tuesday at 1 p.m. at the Plano Super Bowl on Avenue K. Call the bowling alley at (972) 424-5561 for more details.



Don't care for bowling but enjoy the great outdoors? **Plano Senior Men's Golf Association** plays on Monday and Thursday at Pecan Hollow Golf Course. Call (972) 941-7600 to iron out the details.

The **Plano Senior Center** offers an abundance of activities as well as a fitness room. Stop in at the Center, 401 W. 16th Street or call them at (972) 941-7155 for more information.

Retirement Security Plan (RSP)

Upcoming Changes

You currently receive your monthly RSP check or direct deposit through JP Morgan Chase (previously Bank One). In the near future this will change to Comerica Bank. We are about to embark on the transition which should be seamless to those receiving monthly payments. The only change you should see is the direct deposit or check will be issued from Comerica Bank rather than JP Morgan Chase.



We will communicate to you individually should Comerica require completion of any documents on your part.

We are excited about working with the team at Comerica and look forward to a smooth transition.



Happy Trails...

October 2006 Retirements:

- James Blanton – Animal Services
- Gary Pearson – Fire

November 2006 Retirements:

- Lynne Lindsey – Fire

December 2006 Retirements:

- Mary Ayers – Parks & Recreation
- Wayne Holloway – Fire
- Kirk Owen – Fire
- Andy Rohde – Fire
- Mark Stamm – Police
- Jeff Willis – Fire



January 2007 Retirements:

- Linda Benoit – Parks & Recreation
- Robert Crane – Signs & Markings
- Robert Dudley – Signs & Markings
- Frank Esparza – Solid Waste
- Steve Harrison – Engineering
- Ralph Hinds – Streets
- Helen Jackson – Police
- Jack Justice – Police
- Jesse Killion – Building Inspections
- Linda Kirklin – Libraries
- Billy Meeks – Police
- Hazel Pitalo – Fire
- Charles Rich – Building Inspections
- Ronald Smitheart – Police
- Lynn Welsch – Parks & Recreation

Birthday Wishes

January Birthdays

- 2 Linda Slater
- 3 Robert Morse
Audrey Williams
- 4 Charles Sturm
- 8 Guthry Strickland
- 10 Doris Stone
- 11 Marie LeBreck

- 12 Jesus Alaniz
- 16 Jack Justice
- 20 Johnny Bates
Pauline Hodges
Terry Tinsley
- 21 Richard Tolbert
LeeRoy Young
- 22 Wayne Holloway

- 25 Patricia Barth
- 27 Jeanne Jones
- 28 Billy Causey
Julian Martinez
Carol Pepiot
- 31 Michael Hall

February Birthdays

- 1 Maribelle Davis
Robert Odum
- 2 Donna Scott
- 3 Robert Galvan
Joe Partida
- 5 Mike Pearson
- 6 Jean Hayes

- 7 Don Umphress
Ricardo Cervantes
Charles Rich
Grace Weseman
- 9 Phyllis Neese
- 10 Michael Jefferson
- 12 EL Blackstock
Cathy Golas

- 15 James Moss
- 17 Vivian Jackson
Randall Ploch
- 18 Gary Mills
- 19 Larry Dunlap
- 21 Henry Dubay
- 25 Jimmie Davidson
- 28 Mark Doerr

March Birthdays

- 1 Rudy Brazil
- 2 Don Dickhens
- 3 Gilberto Padron
- 4 Barbara Ahlemeier
Robert Dudley
- 6 Linda Nary
- 8 Maurice Holloway
- 9 Jackie Alston
Manuel Gonzales
Jeanette Sullivan
- 10 Sue Hassell
- 12 Percy Bennett

- 19 Woody Bryan
- 20 Judy Walls
- 21 Mary Johnson
- 24 Kathy Kargol
- 25 Kathy Mallar
- 26 Gary Pearson
- 30 Mary Ayers
- 31 Gary Chatham
Victor Cowdrey
Larry Hall
Ed Smith
Don Williams

In Memory



Dec. 31, 2006
Isaac "Andy" Anderson

Jan. 22, 2007
Frances Barker

*May time heal the sorrow;
May friends and family ease the pain;
May strength be drawn
from warmest memories.*